

Welcome to the team!

Welcome to Soccer Shots! We look forward to a great season filled with creativity, imagination, teamwork and fun! Please see below for tips on how to help you and your child get the most out of Soccer Shots experience:

Watch Them Play: The most important thing you can do to help your child succeed is to simply love watching them play. With all the distractions demanding our attention throughout the week, nothing is more important to your child than your undivided attention and support for their Soccer Shots class. Put the phone away and watch them play!

Let The Coach Coach: As tempting as it may be, please try not to coach your child from the sidelines. Even with the best intentions, coaching from the sidelines can distract your child from what the coach is teaching the group. Giving your child encouragement, high fives and hugs during water breaks and before/after class can go a long way.

Our Mini class is the exception as we encourage parent involvement. Since children in our Mini classes may be new to Soccer Shots or new to organized sports, having mom or dad by their side will help them adjust to the class structure.

Be Patient: One of the most challenging concepts for parents to accept is allowing their child to make mistakes. It is crucial that children have room to fail and learn through their mistakes, so they can grow to be confident, critical thinking individuals. We encourage you to be patient. Praise players for their effort and growth during Soccer Shots, whether it be mastering a new skill or simply cheering on their teammates during the goal scoring activity.

Give Them Time: Though your natural reaction may be to initiate conversation with your child about Soccer Shots as soon as you get in the car, the best thing you can do for your child is to simply say, "I loved watching you play."

What You Need: Bring your child in comfortable athletic clothing and tennis shoes. It is not necessary to have cleats and shin guards. Since we are outside, have plenty of water available for your child. We will be taking water breaks. You might also want to put sunscreen and bug spray on your child.

Class Cancellations and Make Ups: If a class needs to be cancelled due to weather or other unforeseen events, we will send out an email an hour before class. If a class is canceled, a maximum of two make up classes will be added following the last scheduled class for that season. We will notify you via email if any make up classes are added.

If you have any question, please email us at: centraldallas@soccershots.org or call our office at: (469) 608-1144

